

**Suggested Use:** Mix one scoop of Intra Blast into 12-16 ounces of cold water and sip throughout each training session of the day. Intra Blast can be consumed before training, between meals, while training, and post workout to boost your amino acid intake.

**Warning:** KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF PREGNANT OR NURSING. NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. Consult a physician before use if you have a medical condition or are taking any medication. Discontinue use two weeks prior to surgery.



Kyowa Quality and/or the KQ logo are trademarks of Kyowa Hakko Bio Co., Ltd. Albion™ and Calci-K™ are trademarks of Albion Laboratories, Inc. U.S. Patent 6,706,904.

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**WARNING:** Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).



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**GMP & FDA**  
INSPECTED FACILITY



**MADE IN USA**  
— WITH INGREDIENTS —  
— SOURCED WORLDWIDE

**NUTRABIO**

# INTRA BLAST

INTRA WORKOUT AMINO FUEL ‡

RECOVERY • POWER & STRENGTH • HYDRATION†

**TROPICAL  
FRUIT PUNCH**  
NATURALLY & ARTIFICIALLY FLAVORED

30 Servings  
Net Wt. 25.3 oz (1.6 lb) 717 g

DIETARY SUPPLEMENT

20G  
AMINOS

10G  
EAA

7G  
BCAA

## Supplement Facts

Serving Size: 1 scoop (23.91 g)  
Servings Per Container: 30

	Amount Per Serving	% DV
Total Carbohydrate	<1 g	<1%*
Calcium (as calcium potassium phosphate citrate [Calci-K™])	95 mg	8%
Phosphorus (as calcium potassium phosphate citrate [Calci-K™] and sodium phosphate)	82 mg	6%
Magnesium (as di-magnesium malate [Albion™])	28 mg	6%
Sodium (as sodium phosphate, sodium chloride)	50 mg	2%
Potassium (as calcium potassium phosphate citrate [Calci-K™])	80 mg	2%
<b>Muscle Growth EAA/BCAA (9.8 g)</b>		
<b>BCAAs (7.2 g)</b>		
L-Leucine (fermented)	3.6 g	†
L-Isoleucine (fermented)	1.8 g	†
L-Valine (fermented)	1.8 g	†
L-Lysine HCl	850 mg	†
L-Threonine	850 mg	†
L-Histidine HCl	450 mg	†
DL-Phenylalanine	300 mg	†
DL-Methionine	100 mg	†
L-Tryptophan	55 mg	†
L-Glutamine (Kyowa Quality™)	5 g	†
<b>Strength &amp; Performance Matrix (3 g)</b>		
Betaine Anhydrous (trimethylglycine)	2 g	†
L-Ornithine HCl	1 g	†
<b>Electrolyte &amp; Hydration Optimizer (2.8 g)</b>		
Taurine	2 g	†
Calcium Potassium Phosphate Citrate (Calci-K™)	525 mg	†
Sodium Phosphate	157 mg	†
Di-Magnesium Malate (Albion™)	140 mg	†

\*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: citric acid 1.6 g, natural & artificial flavors 900 mg, malic acid 400 mg, sucralose 220 mg, acesulfame potassium 40 mg, beet powder 80 mg (color), annatto powder 40 mg (color).



**Manufactured by NutraBio Labs, Inc.**  
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(732-748-8606)

Processed in a facility and/or manufacturing line that also produces milk, tree nuts and nuts.

THIS PRODUCT IS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED. SERVING SCOOP INCLUDED. STORE IN A COOL DRY PLACE.

VEGETARIAN | LACTOSE FREE

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View Independent Lab Results  
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**FULL LABEL DISCLOSURE**  
NO PROPRIETARY BLENDS | FULLY TRANSPARENT



Product filled to this level. ▶