



1 serving

Mixed with



16 oz.

Favorite Beverage



1-2x daily



before meals

Suggested Use: As a dietary supplement, take 1-2 servings mixed with 16oz of your favorite beverage 20-30 minutes prior to exercise and again immediately after exercise. Take twice daily between meals on non-training days as well. Begin with 1 serving (2g) twice daily to assess your tolerance as beta-alanine may cause a tingling or sensory sensation on your skin for some users. With continued use, the intensity of the sensation will decrease or disappear. As you become accustomed to the feeling, increase your dosage to 2 servings (4g) Do not add to products already containing Beta-Alanine.

VEGETARIAN | NON-GMO | GLUTEN FREE | BSE/TSE FREE

Warning: NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18. KEEP OUT OF THE REACH OF CHILDREN. If you are pregnant, breast feeding, have known medical conditions (including kidney or liver disease) or are taking prescription or OTC medication(s) consult with your health care practitioner before using this product. DO NOT EXCEED 2 servings in a 24 hour period. Discontinue use two weeks prior to surgery.



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®

SINCE 1996

MANUFACTURED IN OUR GMP & FDA INSPECTED FACILITY
FDA Registration: 16906175560

NUTRABIO®

CARNOSYN® BETA ALANINE

HPLC LAB TESTED FOR POTENCY

- Improves Training Intensity †
- Increases Strength & Power †
- Delays Muscle Fatigue †



**360G
POWDER**

Dietary Supplement
Net Wt. 12.7 oz

**MADE IN OUR
GMP
&
FDA
INSPECTED
FACILITY**



Supplement Facts

Serving size: 1 scoop (2 grams)
Servings per container: 180

Beta Alanine (as CarnoSyn®)	2g	*
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* Daily value (DV) not established

Other Ingredients: ABSOLUTELY NONE.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by: NutraBio Labs, Inc.

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MADE IN USA
— WITH INGREDIENTS —
— SOURCED WORLDWIDE

