

Suggested Use: As a dietary supplement, take 1 capsule daily, or as directed by your physician.

VEGETARIAN | GLUTEN FREE | NON-GMO | LACTOSE FREE

No Excipients, No Fillers, Allergen Free, No Artificial Color, Flavor or Sweetener, No Preservatives, No Starch, No Sugar, No Soy, No Wheat, No Yeast, No Fish, No Milk, Sodium Free.

Warning: NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18. KEEP OUT OF THE REACH OF CHILDREN. If you are pregnant, breast feeding, have known medical conditions (including kidney or liver disease) or are taking prescription or OTC medication(s) consult with your health care practitioner before using this product. Discontinue use two weeks prior to surgery.

Manufactured by: NutraBio Labs, Inc.

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**SINCE
1996**

**MANUFACTURED IN OUR
GMP & FDA
INSPECTED FACILITY**

FDA Registration: 16906175560


MADE IN USA
- WITH INGREDIENTS -
- SOURCED WORLDWIDE

NUTRABIO

DAILY ESSENTIALS

B-100

FULL SPECTRUM B-COMPLEX

150 Veggie Capsules | Vitamin Supplement

Supplement Facts

Serving size: 2 vegetable capsules

Servings per container: 75

	Amount Per Serving	% DV
Thiamine (vitamin B1) (as thiamine mononitrate)	100 mg	8,330%*
Riboflavin (vitamin B2)	100 mg	7,690%*
Niacin (vitamin B3) (as niacinamide)	100 mg NE	630%*
Vitamin B6 (pyridoxine HCl)	100 mg	5,000%*
Folate (400 mcg folic acid)	680 mcg DFE	170%*
Vitamin B12 (methylcobalamin)	100 mcg	1,670%*
Biotin (as D-biotin)	100 mcg	330%*
Vitamin B5 (pantothenic acid)	100 mg	2,000%*
Choline (as 100mg VitaCholine™ [Choline L(+) Bitartrate])	41 mg	8%*
PABA (para-aminobenzoic acid)	100 mg	†
Inositol	100 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: vegetable capsule.

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